

Sports coaching & fitness membership for teenagers and young adults aged 14 - 25 years

Get Sheffield Fit gives people the opportunity to get involved in a range of sporting activities including golf, ice skating, athletics, judo/self defence, running, boxing, table tennis, trampolining, dance, cycling, MMA and the gym.

Sports only £10 for 8 weeks coaching

Gym only £28 for 3 Months Membership & 8 1-2-1 Sessions

