

EMOTIONALLY INTELLIGENT PARENTING

Having a Better **Relationship** With Your **Children**

Which of these applies to you?

- I love my child but we 'fight' all the time
 - My child just won't listen to me
 - I am not a good parent

FREE

What this training will do for you:

You will communicate better with your children, understand and adjust your children's motivation, help to handle a range of emotions with self-control, enjoy a healthier, peaceful environment, learn good parenting by choice, not chance!

PLACES ARE LIMITED! BOOK EARLY

Sunday 26th February 13.30pm - 16.30pm

**Venue: St Peter's Community Hall,
Machon Bank, Sheffield, S7 1GR**

Mob/Text: 07737139646 Email: SSCEP@hotmail.co.uk



exquisitus
the NLP experts



Sheffield Health and Social Care
NHS Foundation Trust

