

For 16-18 Year Olds In Sheffield Who Are Not In Education, Employment or Training To Help Them To Secure Their Future



Skills
Funding
Agency



Future:proof Framework

- This programme is all about helping young people who are unemployed back in to education, employment or training.
- To do this, we have brought together a group of organisations who are available to support you to achieve this goal. There are lots of offers in here so be sure to have a look at them all and get in touch if you want to secure your future!!

Special messages from young people about Future:proof

Rathbone "Courses like
this help us to
achieve our
goals and
aspirations"

Heeley City Farm –" We need to continue with these types of courses because we can learn about different things in a way that helps us to learn in a comfortable way. Some of us had a bad experience at college and without Heeley City Farm helping us we wouldn't carry on learning."

KMP – "I really enjoy the course, because I am learning thing relative to me

"I really enjoy this course, its given me freedom to explore my career path."

"I really enjoy this Future:proof course because I can work on things that I enjoy."

Sprint Training — "Thank you – it's a good and useful course"

Jobsteps – "Thank you for making this course possible"

YASY - "This course is really helpful for us girls that are pregnant as it motivates us into wanting to achieve something with our lives and not give up just because we're going to be mums"

"This course helps a lot of young mums still have education while having a baby"

Signpost – "I would like to see Signpost continue to carry on the excellent work in support adolescent people to carry on with their life when they couldn't have done so without help"

"I would like to thank ESF for funding Signpost. I think its an amazing investment and has helped a great amount of young people realise they have a future"





Our Recruitment Rangers contact young people, arrange drop in sessions and visit young people at home or in their community to help them to plan their move in to Future:proof Framework programmes.

If someone you know would like help in accessing any of our programmes, please contact the Recruitment Rangers on 0114 275 5309



Contact Details



<u>Details of Recruiting Future:proof</u> <u>Programmes - July 2011</u>

Organisation	Tutor/Contact Name	Contact Telephone No	Email	Course Description	Delivery Address	Commitment Required	Suitable For	Active/ Start Date
Employment and Training Links	Ahmed Mohamoud or Jacki Beader	0114 278 7722	A.Mohamoud@employment-training-links.co.uk or J.Bearder@Employment-Training-Links.co.uk	Driving Ambitions programme is for people who are interested in a career in logistics and storage/transportations of goods. The programme is fully accredited and will assist young people to progress by the end of the 16 week programme. Driving lessons are offered as incentive achievement and progression.	Denby Street, S2	15 hours per week for 15 weeks	Those interested in logistics or storage/ transportation of goods	Recruiting
Endeavour Training	Gary Grief & Lenka Cerna	01142763192	gary.grief@btconnect.com; lenka.cerna@endeavour.org.uk;	Extra Solutions - Using outdoor activities to help to engage young people and help them to focus on finding solutions to their barriers and assisting them to progress in to mainstream activities.	The ZEST Centre, 18 Upperthorpe, Sheffield, S6 3NA	2 days per week for 10 weeks	Pre-Mainstream or Employment	Recruiting
Heeley City Farm	Lee Pearse	0114 258 0482	training@heeleyfarm.org.uk; lee.pearse1@btinternet.com	Young Rangers - Supporting vulnerable young people, particularly learners with difficulties, in a vibrant space to grow and learn with animals, gardening and much, much more!	Heeley City Farm, Richards Road, Sheffield, S2 3DT	2 days per week for 12 weeks	Pre-Mainstream or Employment	Recruiting
Jobsteps	Sharon Kitchen	0114 2442975	sharon.kitchen@jobsteps.org;	Job Steps - Supporting young people with learning difficulties and disabilities to engage in activities aimed at increasing confidence, overcoming barriers and providing them with the foundations to achieve sustainable employment with continued specialist advice and guidance.	The Coleridge Centre, Tinsley Park Road, Sheffield, S9 5DL	12 Hours per week for 12 weeks	Learning difficulties/ disabilities	Recruiting
KMP	Ross Merryweather/ Heather Ricks	0114 2727247	Ross.Merryweather@kmp.org.uk; heather.ricks@kmp.org.uk;	The IMAGE Factory - aims to stimulate, engage and encourage young people and non academic students in gaining creative media based skills. Introducing young people to different media with a view to increase communication skills, we will offer an exciting and motivating experience that will encourage the young people to progress further.	Unit 7, Edmund Road Business Centre, Edmund Road, Sheffield, S2 4ED	2 days per week for 12 weeks	Pre-Mainstream or Employment	Recruiting
KMP	Ross Merryweather/ Heather Ricks	0114 2727247	Ross.Merryweather@kmp.org.uk; heather.ricks@kmp.org.uk;	'SCREAM' - our Creative Music Technology course aims to develop knowledge and understanding of the culture and aesthetics of musical composition, realized through the use of electric and electronic technology to re-engage, assist personal development and prepare for progression in this vocational area	Unit 7, Edmund Road Business Centre, Edmund Road, Sheffield, S2 4ED	2 days per week for 12 weeks	Pre-Mainstream or Employment	Recruiting
Rathbone	Andrea Nortcliffe	0114 242 5627	andrea.nortcliffe@rathboneuk.org	Prove It! - helping young people to prove that they can take the next steps in to further learning or employment. It includes preparation for independent living, work experience, citizenship, qualifications and other exciting exciting activities	199-203 Wincobank Avenue, Sheffield, S5 6BD	15 hours per week for 12 weeks	Pre-Mainstream or Employment	Recruiting
Sheaf @ Avec	Terry Mitchell	0114 275 0497 or 07971227362	terrymitchell@sheaftraining.co.uk	New Start' - is a new programme for young people who want to try our different vocations before deciding what they want to focus on. Sheaf will help you to experience different taster sessions, improve your qualifications or help you to look for work. You decide	Avec Building, 3-5 Sidney Street, Sheffield, S1 4RG	2 days per week for 12 weeks	Pre-Mainstream or Employment	Recruiting

Organisation	Contact Name	Contact Telephone No	Email	Course Description	Delivery Address	Hours Per Week	Suitable For	Active/ Start Date
Sheffield College	Dawn Griffiths/ Sharon Beresford	0114 260 2600	dawn.griffiths@sheffcol.ac.uk; or sharon.beresford@sheffcol.ac.uk;	FEET First 2 - Activities on your door step to help you assess where you are and what would be good next steps to take in relation to your learning, education, training or employment. The course includes taster sessions with learning providers to help you make the right decision.	Parsons Cross @ Meynell Youth Centre (S5 8GN), Fir Vale Centre (S4 8LA) and others	12 hour programme with support to your next steps	Initial Assessment	Check with provider
Shift	Bridget Kelly	0114 272 6304	bridget@shiftmedia.org.uk;	Shift:Employ - employability programme designed to prepare young people for employment and to stand out in the crowd by providing each person with an innovative and creative media CV	309/319 The Workstation, Paternoster Row, S1 2BX	2.5 days per week for 10 weeks	Preparation for Employment	Recruiting
Signpost	Lorraine Rigg/ Anita Redfern	0114 264 8056	lorraine.rigg@btconnect.com; anitaredfern@hotmail.co.uk	Signpost into Work - Signpost is a small community based organisation that offers support to young people in small groups and on a one to basis, offering individualised support packages designed to meet the needs of individual learners.	William Temple Church, Harborough Avenue, Sheffield, S2 1QT	2 days per week for 20 weeks	Pre-Mainstream or Employment	Recruiting
Sprint Training	Carolyn Andrews	0114 244 2524	sprintmotorsport@btconnect.com	Stepping Stones - designed to aid young people in gaining confidence, vocational experience, basic / key skills support and personal development with a view to gaining accredited qualifications and successful progression into local e2e providers or alternative training / employment.	Parkway House, Parkway Drive, Sheffield, S9 4WN	12 hours per week for 13 weeks	Pre-Mainstream or Employment	Recruiting
The Source and Prince's Trust	Brenda England	0114 263 5600	Brenda.England@thesourceacademy.co.uk	Get Into Retail - if you are interested in retail, the course will help you to find out more about the many different opportunities in retail and develop skills to prepare you for employment in retail.	300 Meadowhalll Way, Sheffield, S9 1EA	5 days per week for 6 weeks	Preparation for Employment	Check with provider
YASY	Angela Dennis	0114 275 5309	Angela@yasy.co.uk;	Employability Programmes - in partnership with the Princes Trust, YASY deliver a series employability programmes that will allow participants an opportunity to experience various vocational areas before moving in to further learning or employment in those fields. Each programme is different so please get in touch to find out more.	10A Carver Street, Sheffield, S1 4FS	3 days per week for 12 weeks	Pre-Mainstream or Employment	Recruiting
YASY	Vicky Gough	0114 275 5309	vicky@yasy.co.uk	MAMs - helping expectant teen mums to access support and additional education relevant to personal development and parenting	10A Carver Street, Sheffield, S1 4FS	3 days per week for 10 weeks	Expectant Teen Mums	Recruiting
YASY	Vicky Gough	0114 275 5309	<u>vicky@yasy.co.uk</u>	MAMs Too - helping young mums to move forward in to education, employment or training	10A Carver Street, Sheffield, S1 4FS	3 days per week for 10 weeks	Teen mums	Recruiting

Please note, all programmes, except the Prince's Trust & The Source Get Into programme, are for a minimum of 12 and less than 16 hours per week.

The above programmes are commissioned and quality assured by Lifelong Learning, Skills and Communities at Sheffield City Council. Should you have any individual programme queries, please contact the organisations listed directly. Any other queries should be directed to Cheryl Plant on 0114 266 7503, by email to cheryl.plant@sheffield.gov.uk or by post to 145 Crookesmoor Road, Sheffield, S6 3FP



Driving Ambitions Programme

This course helps participants to positively progress by:

Developing skills for interview and employment Finding real jobs through good links with employers in this sector Improving my reading, writing, numeracy and speaking of English Completing job, learning and Apprenticeship applications





Picture: ETL learners and staff out and about at an ESFD Visit Event

Monday, Tuesday, Wednesday & Thursday 9.30-2.30

Young people involved in this profile creation?



What makes this **Course Different from** others?

Confidence building and motivation **Practical work** experience

Fork Lift Truck training – 5 day novice course for all participants wishing to take up a career in warehousing

Driving lessons

Course Summary - *Driving Ambitions* programme is designed to be flexible to build on your starting points. It is a mix of qualifications and real work experience for people who are interested in a career in logistics and storage/transportations of goods. Fork Lift training can also be provided and this programme will assist you to progress by the end of the 16 week programme Potential Progression Routes: Foundation Learning, College, employment, Apprenticeships and other training

Extra Solutions



Young people involved in this profile creation?



This course helps participants to positively progress by:

Developing skills for interview and employment Building my confidence and team work skills Improving my reading, writing and numeracy Completing job, learning and Apprenticeship applications



What makes this Course Different from others?

Outdoors and hands on

– not just class room

Small groups

Learn new skills in a fun way

Help me to plan my future

Wednesday & Thursday

9.30am-3.30pm

Course Summary - We use problem solving and outdoor activities to promote personal development and employability skills. Activities include archery, rafting, climbing, abseiling, caving, bushcraft and others. Teamwork, future planning, literacy, numeracy and IT are developed as well.

Potential Progression Routes: Foundation Learning, College, employment, Apprenticeships and other training

Young Rangers Course

Participants said that they are able to progress because.....

"We get to feel what a job would be like"

"Lee and Julie find out about loads of other courses that we want to do and not what other people tell us to do." "We get a lot of help with filling forms in and applying for jobs" "This course gives us the confidence to do other

"It has helped me get a dyslexia test"

volunteering and other training

things"

Heeley City Farm



Wednesdays & Thursdays

9.30 - 3.30pm

Young people involved in this profile creation?



What makes this Course Different from others?

"It's not college"

"Tutors treat us adults
not like students or
children"

"We work in a team in small groups."

"We are free to look after each other and learn properly without feeling stupid"

"We feel like we want to come here in the morning",

Course Summary - We promote ownership and leadership of responsibilities through real practical conservation and greenspace maintenance projects. Participants gain fantastic skills like, fencing, stile and gate construction, tree felling, sign making, hedgelaying, drystone walling, allotment and garden management and many more. Young people are supported and try out adult roles on the farm and have a voice in decision making when buying materials and discussing and delivering projects. Extra help from the great staff at the Farm makes sure young people are supported to progress. **Potential Progression Routes:** Foundation Learning, College, employment, Apprenticeships,

Work Preparation & Confidence Building



Participants said that they are able to progress because....

"They look at different organisations that are suitable for what I want" "Helps me to achieve qualifications" "Helps me with writing for

jobs/college courses"
"Go with me to the interview/organisation for support"

"Develop my interview

skills"

Picture: All dressed up for 'mock interviews' with BE-SY



Picture: Group taking part in Swamp Circus Activity

Monday, Tuesday & Wednesdays

9.30am - 1.30pm

Young people involved in this profile creation?

ile creation?

What makes this

Course Different from others?
Calm Environment
1-2-1 Support
Small class size
Meet New People
Improves
personal/social skills
Finding Volunteer

the qualification

Work to get the

Improves confidence

Course Summary - This specialist programme supports young people with learning difficulties and disabilities to engage in activities aimed at increasing confidence, overcoming barriers and providing them with the foundations to progress positively in learning or achieve sustainable employment.

Potential Progression Routes: college, Foundation Learning, employment, Apprenticeships and other training



Participants said that they are able to progress because....

"It helps me to improve my drawing, literacy & numeracy qualifications & Photoshop skills for work or to start a course"

"This course will help me progress into college and help put me on the right career path."

"It helps me to improve my qualifications. Also helps me find new courses"



Monday & Tuesday

9.30am - 4.15pm

Young people involved in this profile creation?



What makes this Course Different from others?

- •Gives you freedom to express yourself
- •We can create our own work in different interests and have the freedom to choose.
- You explore animation and create your own cartoons, learn how to use Photoshop and improve your literacy and numeracy skills

Course Summary – 'IMAGE' A two day per week course involving creative media, photography, arts, personal development and careers advice. The course helps you to develop these skills through projects that of are interest to them whilst offering accreditation and literacy and numeracy support.

Potential Progression Routes: Foundation Learning and College

SCREAM

This is how this course helps you to positively progress:

"You can improve your Literacy and Numeracy"

"Gives me more confidence"

"KMP find you somewhere to go once your course has finished " Kelvin Media Productions



Pictures: Learners creating music & recording vocals





Monday & Tuesday

9.30am - 4.15pm

Young people involved in this profile creation?



What makes this Course Different from others?

"The staff help you use your strengths to the best advantage and help improve your weaknesses"

"It improves knowledge of producing, recording and theory in music"

"Meet new people and make new friends with people who also want to pursue a career in music"

Course Summary -'SCREAM' - A two day per week course involving creative music technology, personal development, and preparation for progression in this vocational area. This course helps you to develop these skills through individual and group projects using electronic equipment and computer software (Ableton/Reason/Garageband). **Potential Progression Routes:** Foundation Learning and College

Prove It!

Rathbone

Participants said that they are able to progress because.....

"I gained my Level 2 qualification in Literacy, so now I can get a better

"I can see now what I want to do in the future and how I can achieve it"

"its made me more determined to work hard at something I want, so I can get it"

"I passed my Maths!" "I finished my CV"

"I am more confident"

"I found my long term goal" "More mature and better

understanding about relationships within the learning environment"

Pictures:

Participants at Ministry of Food -"It is good fun because it teaches us how to cook new things and will be good experience for when I'm living on my own"

Flexible days and times to suit you

Young people involved in this profile creation?



What makes this Course Different from others?

"The teachers at Rathbone listen and have a sense of humour so learning is fun!" "It provides one to one teaching which I would not getting anywhere else"

"I am able to work at my own pace and on my own and when I need help I am not made to feel daft like when I am at school"

"It believed in me and supported me through my many attempts of trying to pass my level 2 literacy"

Course Summary - Prove It! provides support and education/training in basic skills and life skills to young people to help them progress and prepare for independent living. It also provides the opportunities to gain qualifications in Adult Numeracy/Literacy, Health & Safety, CSCS Cards and Employability all mixed in with exciting activities like visiting Jamie Oliver's Ministry of Food in Rotherham or doing work experience activities.

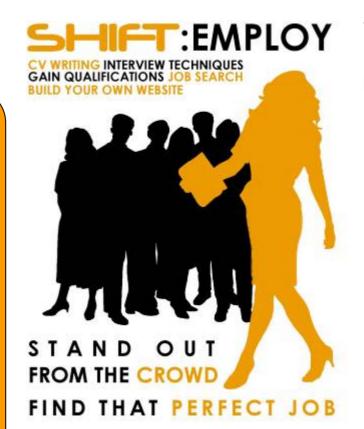
Potential Progression Routes: Foundation Learning, College, employment, Apprenticeships, volunteering and other training

SHIFT: EMPLOY

This course helps me to positively progress by:

Offering young people a smaller and dedicated job search group which is focussed on creativity and one-to-one training for interview and employment

Providing accreditation for the activities you complete



Thursdays & Fridays

9.30-4.30

Young people involved in this profile creation?



What makes this Course Different from others?

SHIFT uses its
Digital Media
expertise and
background to help
participants to produce
innovative ways to help
them stand out when
applying for jobs and
courses and 1 to 1
mentored support

Course Summary - SHIFT:EMPLOY is a new employability programme which uses digital media to introduce vital employability skills such as creative thinking, team working, confidence building, interview techniques as well as producing a digital CV which can be uploaded online.

Potential Progression Routes: Employment, Apprenticeships, Foundation Learning, College and other training

Signpost into Work

Participants said that they are able to progress because.....

"Signpost have given me the opportunity to improve my skills and get my Level 2 in literacy!"

"This course has helped me to gain the qualification I have previously failed"

"Signpost are helping me with my timekeeping, independent living, CVs, jobs search and confidence for interviews"





Picture: Signpost Participants with their 'thinking caps' on

Tues & Fridays

9.00-3.30

Young people involved in this profile creation?



What makes this Course Different from others?

"Signpost is different to other courses because you get a lot of one-to-one time to help you with your and anything that is worrying you"

"you get to choose what you want to do"

"Signpost helps me to be more independent"

"The tutors are enthusiastic about learning and they treat us like adults and equal individuals"

Course Summary - Signpost is a small community based organisation that offers support to young people in small groups and on a one-to-one basis. Their offer includes individualised support packages designed to meet the needs of individual learners with capacity to support learners with additional support needs.

Potential Progression Routes: Employment, Foundation Learning, College, Apprenticeships, volunteering and other training

Stepping Stones

Sprint Training

Vocational Training Provider in Sheffield

Young people involved in this profile creation?



Participants said that they are able to progress because.....

"This course will get me a
qualification and will help me
later on in life"

"It helps with your key
skills and communication"

"It lets you find out what
work or trade you want to
work in"

"I got my level 2 to do an
apprenticeship"



Flexible days and times to suit you

What makes this Course Different from others? "There are no level requirements to start on Stepping Stones" "You get an opportunity to try out different work areas" "People are really nice" "A different learning environment" Chance to try out these areas: **Motor Vehicle Maintenance** (Cars) Brickwork **Painting & Decorating** Joinery **CSCS Card Training** Catering **Hair & Beauty**

Course Summary - Stepping Stones is designed around the needs and interests of each participant. The idea of the programme is to help young people prepare for the next steps you may need to get into your career. You can try out different vocational areas and help you gain confidence, vocational experience, literacy, numeracy and personal development support, all with accredited qualifications.

Potential Progression Routes: Foundation Learning, College, employment, Apprenticeships, volunteering and other training

Get Into.....

Participants said that they are able to progress because.....

"This course has given me skills that I need to work in Retail." "I have gained more skills, knowledge and overcome confidence issues that I had before."

"Being on this course has helped me in many ways. I've not just learnt new things to do with retail I have also learnt to communicate better and my confidence has boosted a lot, I also think my behaviour has changed."

You get support from Prince's Trust to help you move on to an apprenticeship, job or more learning







Pictures: Graduates and staff from last course

Mon to Fri for 6 weeks

Check with provider

Young people involved in this profile creation?



What makes this Course Different from others?

Real work experience in shops

"I got to do my health and safety
and manual handling"

You find out "what to expect in the
retail industry such as good
customer service, the code of
conduct and work place

You get a qualification to help you evidence your skills in the work place.

requirements."

Prince's Trust help you on the course and after if you still need help to move on to the next step "The delivery staff are great"

Course Summary - Get into ??? is an intensive course that could help to put you on the path to your chosen career. It changes each time to offer a different sector from Retail to Business Admin and others! During the six week programme, you will: meet new people and build your confidence; learn about the advertised industry; do real work experience; meet professionals currently working within the industry; receive careers advice, interview skills and techniques in finding a job; gain recognised qualifications; attend a guaranteed interview with a prospective employer; develop skills to prepare you for employment or further training in retail.

Potential Progression Routes: Employment, Apprenticeships, Foundation Learning, College, volunteering and other training

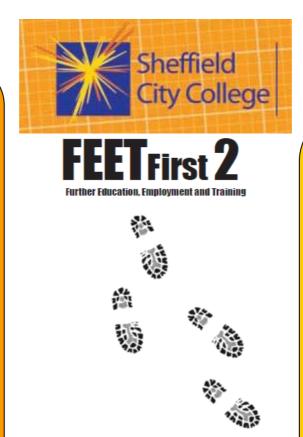
FEET First 2

This course helps me to positively progress by:

Working with you to try out new things that you might want to do more of in the future

Supports you to make applications for your next step

Build your confidence to access more learning or employment



Check dates and time with provider

Young people involved in this profile creation?



What makes this Course Different from others?

The Sheffield College in the community

Regular starts, not just September

Supported Access to fulltime programmes at The Sheffield College and other learning organisations Confidence building

Taster sessions to help you make the right decision for you

Course Summary – FEETFirst2 is a short course for young people to take some time out to think about what they want to do next. The course last for just 12 hours over one week and looks at your own personal plans, how Future:proof or other programmes can help you to achieve them then supports you to taste some activities and make applications to take the next step on your learning journey.

Potential Progression Routes: Other Future:proof programmes, Foundation Learning, College,

New Start



Young people involved in this profile creation?



This course helps me to positively progress by:

Exploring your options
Enhance their literacy,
numeracy and ICT skills
Trying out different
vocational activities to
see if you like them and
want to do more
Applying for work



Pictures: Young People preparing for work or further learning



Check days and times with provider

What makes this Course Different from others?

You get to meet new people and try out new things

Build your confidence ready for work or learning

Help your applications to stand out from the crowd

Course Summary – New Start is course that will work with you to help you decide what you want to do next and support you with that decision making and helping you to achieve your goals. It offers literacy, numeracy and ICT qualifications, support to apply for work and taster sessions on other training courses you might be interested in as a next step.

Potential Progression Routes: Employment, Apprenticeships, Foundation Learning, College, other training

MAMs 2 Be

Participants said that they are able to progress because.....

"I get a chance to talk to people about future options"

"I'm getting qualifications whilst having a baby"
"The course helps you to get your maths and English and learn new skills for me"







Tues, Weds, Thurs 9.30-3.30

Young people involved in this profile creation?



What makes this Course Different from others?

"People on programme are pregnant and don't judge vou"

"The people running the course are laid back and treat you with respect"

"Advice on parenting and pregnancy"

"Allows me to share my pregnancy worries and visit hospital"

Course Summary - MAMs 2 Be helps expectant teen mums to access support and additional education relevant to personal development and parenting. The course offers literacy, numeracy and PSHE as well as lots of things to help mum and baby in relation to parenting, healthy living, relationships and visits from Midwives and health advisors.

Potential Progression Routes: Further Learning

MAMs Too

Participants said that they are able to progress because.....

- •"I got my maths and English and then they helped me move on to a childcare course"
- •"It gave me the confidence to think I could do more with my life"
- "This course helped me because I didn't know what I wanted to do"





Picture: MAMs Too out and about meeting Cllr Sangar at an ESFD event

Weds, Thurs, Fri 9.30-3.30

Young people involved in this profile creation?



What makes this Course Different from others?

- •"Fun and easy to access and help finding childcare"
- •"There's girls like me who have babies so we have a lot in common and get along"
- •"The Tutors help you with EVERYTHING"

Course Summary - MAMs Too - helping young mums to move forward in to education, employment or training. Whilst on programme you can work towards your numeracy, literacy and personal social development. This helps to build your CV to move in to further learning or work with that

Potential Progression Routes: Foundation Learning, College, employment, Apprenticeships, volunteering and other training

Employability Programme

Participants said that they are able to progress because.....

"The course helps you to progress because it gives you so many things that employers look for. They even help you to get a maths and English qualification if you need one so it gives you good prospects for the future"



Mon, Tues, Weds 9.30-3.30

Young people involved in this profile creation?



What makes this Course Different from others?

"This course if different because it gives you so many opportunities. I was able to do my first aid, get my qualifications, improve my CV and job interview skills. Not many courses offer all these things for free"

Course Summary - Employability Programmes - YASY deliver a series of 'You're Hired' programmes that allows participants an opportunity to experience various vocational areas before moving in to employment or further learning in those areas. Different qualifications are offered to help you update your CV, interview skills, confidence and prepare you for employment. Potential Progression Routes: Foundation Learning, College, employment, Apprenticeships, volunteering and other training

COLLINS-DONNELLY CONSULTANCY PERSONAL EFFECTIVENESS TRAINING & SUPPORT

WHO WE ARE:

Maria, Kate & Beverley are professionals in the fields of psychology, counselling, therapy and coaching.

We are a Future:proof support organisation.

WHAT WE PROVIDE:

You can talk to us CONFIDENTIALLY to get one-toone support with a wide range of emotional and personal issues.

We can come in and deliver workshops for you and your fellow learners on a wide range of emotional and personal issues as part of your course.

SO FAR WE HAVE HELPED LEARNERS TO:

- Develop their self belief and confidence.
- •Recognise their potential, strengths and skills.
- •Develop their ability to talk about and promote their own qualities, including in interviews.
- •Develop their awareness and understanding of their rights and opportunities.
- Develop their ability to assert themselves.
- •Manage their emotions, anxiety, stress and anger.
- •Address and move on from difficult life issues.
- •Identify problems and how to solve them.
- •Develop their ability to make decisions.
- •Develop their understanding of the working environment.
- •Develop their communication skills.
- •Develop their team working skills.
- •Develop their awareness of matters concerning relationships, bullying and domestic violence.
- •And much more!

LEARNERS' VIEWS:

The workshop was good and Bev was brilliant!

I've learnt to believe in myself more.

The workshop was excellent and has really helped me.

I learnt how important I am.

I've learnt I have rights.

Bev made learning fun!

I've learnt to control my anger.

Bev is a very good teacher.

The workshop was brill!

Thank you, you've really helped me.

I've learnt I'm in control of how I react.

I've learnt so much about me.

I've learnt to work as part of a team.

I've learnt to be positive about me.

I've learnt what I'm good at.



Confidence Building and Body Language

- Are you interested in developing your employability skills, increasing your confidence and self esteem? If you would like to be prepared for job interviews and to take the next steps in your life this is ideal for you.
- We work with you at your Future:proof organisation and deliver a course using performing arts techniques and exercises to develop life skills, teach about body language and help you prepare for job interviews. Ask your provider to book us now!

What previous course participants have said:

• "I found out that I'm good at team work."

"I found out that I can be confident"

• "My favourite part was getting around and having a laugh"

"I learnt that people are unique"

• "I learnt how to communicate better"

Offers from Future:proof Partners

 This next section is for organisations who are part of the Future:proof Framework but have projects funding from other pots of funding. If Future:proof cannot offer you what you need, maybe these organisations can?

This course helps me to positively progress by:

The Level 2 Award in Sports Leadership is Nationally Recognised.

The Course Teaches
Leadership Skills
Planning, Communication
And Teamwork through
Sport.

The Majority of The Course
Is Practical In Nature with
The Emphasis on
Learning Through Doing
Rather than Through
Written work.

CYP

Sport 4 Thought
Fit 4 Employment



Flexible days to suit. Starts September!

What makes this Course Different from others?

The Award Enables
Candidates To
Independently Lead
Small Groups of People
In Sporting Activities.

Work as A Community Sports Coach.

Candidate can Progress Onto Level 3 Award.

Help in Application to Employment and FE.

Contact Jamie Kennedy on 0114 233 0365 or 07951 046 853 or jamie@sycyp.org.uk South Yorkshire Clubs for Young People, 393 Langsett Road, Hillsborough, Sheffield, S6 2LJ

Run over 2 days a Week for 10 Weeks Between The Hours of 9am till 4pm,
Practical skills and Theory taught in the Gym and Sports Hall Environment,
To Include organising and Delivering a Sports Session, Establishing and Maintaining
A Safe Sporting Activity, Running Sporting Events and Competitions.

Also Including as Part of The Course We Look at Life Skills And volunteering and Employability Opportunities.

Music-Tek 1 AT RED TAPE!

This is a <u>free</u> course for school leavers aged 16-18! Learn the basics of music technology production and get a Level 1 qualification! Learn how to use Cubase; Reason and Ableton software from record producer Leon Atter (Extra Breaks / Sci-Fi Villains). This course also offers an additional opportunity to brush up on Personal Development Skills, English, Maths and I.C.T.

MUSIC-TEK 1 AT RED TAPE

Learn how to record and sequence midi and audio
Learn how to edit audio files
Learn how to use EQ & FX
Learn how to 'Mix down' and master your music
Delivered by a music industry professional
Achieve a recognised Level 1 Qualification:
NCFE Level 1 Award in Music Technology

For Further information call Leon Atter on 0114 276 1151 or email leonatter@redtape.org





Are you 16-18?

Interested in a career as a

- Bricklayer
- Carpenter and Joiner
- Painter and Decorator

then why not kick start your career by joining our foundation learning program and improve your chances of gaining an apprenticeship.

2 days per week for 12 weeks

Interested?

Then Contact Danielle on 0114 203 7102

Construction Design Centre



CHILDCARE

Are you interested in a short introductory course in Childcare?

If yes please call in and see us at:
Childcare
Sheaf Training
Old Firth Park Library
Firth Park Road
Sheffield S5 6WS

Or alternatively give us a call: 0114 242 6732

The Level 1 Certificate in Caring for Children is 2 and a half hours a week, over 15 weeks.

Sheffield where everyone matters

EMPLOYABILITY

Do you need help in completing application forms or up dating your CV?

If yes please call in and see us at:
Sheaf Training
Old Firth Park Library
Firth Park Road
Sheffield S5 6WS
Or alternatively give us a call: **0114 242 6732**

The City & Guilds Award/Certificate in Employability and Personal Development is a short course over 12 weeks. It gives advice and guidance on how to complete application forms, how to do a CV, preparation for an interview, etc.



